



## RARA Volleyball Rules

- 6 players on a team, 3 on the front row and 3 on the back row
- Maximum of three hits per side
- Player may not hit the ball twice in succession (A block is not considered a hit)
- Ball may be played off the net during a volley and on a serve
- A ball hitting a boundary line is in
- A ball is out if it hits an antenna, the floor completely outside the court, any of the net or cables outside the antennae, the referee stand or pole, the ceiling above a nonplayable area
- It is legal to contact the ball with any part of a player's body
- It is illegal to catch, hold, or throw the ball
- If two or more players contact the ball at the same time, it is considered one play and either player involved may make the next contact (provided the next contact isn't the teams 4th hit)
- After the serve, front line players may switch positions at the net
- 4<sup>th</sup>-5<sup>th</sup> Grade League will serve 6 feet in front of the standard serving line
- 4<sup>th</sup>-5<sup>th</sup> Grade League will rotate subs in off the bench into the 4 position each rotation.
- 4<sup>th</sup>-5<sup>th</sup> Grade League will have a maximum of 6 points in a row unless the opposing team is at game point
- 6<sup>th</sup>-8<sup>th</sup> Grade League will have free substitution but playing time for each player is mandatory.
- 6<sup>th</sup>-8<sup>th</sup> Grade League will have a maximum of 8 points in a row unless the opposing team is at game point.

